

ABSTRACT OF THE DISCLOSURE

There are disclosed an information recording medium  
substrate having a surface roughness of  $R_{\max}$  15 nm or less,  
5 and an information recording medium, particularly an  
information recording medium substrate and information  
recording medium in which for surfaces of the substrate and  
medium, a bearing area value (offset bearing area value) in a  
depth of 0.5 to 5 nm (predetermined slice level) from a  
10 bearing height (real peak height) corresponding to the  
bearing area value of 0.2% to 1.0% is 90% or less, and a  
manufacture method of the substrate and medium.